OPEN VIRTUAL SESSIONS THROUGHOUT THE DAY

POSTER SESSION

The 2021 Poster Session will be offered as a virtual gallery. Conference attendees will be able to independently view the posters throughout the conference and engage with poster presenters in real-time during two virtual chat sessions on Saturday February 13 from 5:00-6:00 p.m. ET and Saturday February 20 from 1:00-2:00 p.m. ET.

Presenters will list the dates they are available to chat as a part of their poster listing on the main Gallery page. During these sessions, attendees will be free to navigate between posters, submit their questions to presenters, and interact in real time using the Chat button on each individual poster page. This poster session is designed to promote stimulating conversations and mutual learning among psychoanalytic practitioners, theorists, and researchers. Submissions have relevance to psychoanalytic theory, technique, practice and effectiveness of psychoanalysis, or interdisciplinary scholarship addressing research questions in neighboring fields.

This is the 20th annual poster session at the APsaA National Meeting.

HALLWAY/"MEET AT THE CLOCK"

In keeping with the spirit of APsaA's Waldorf days where attendees would run into colleagues in the hallway or meet a friend at the clock, APsaA will have a Zoom room where participants can meet up with old and new friends throughout the day, have lunch together and network.

Confidentiality

Ensuring the confidentiality of all clinical material presented at our meetings is of the utmost importance to APsaA. Attendance is contingent on an agreement to adhere to the following guidelines:

- Clinical material must not be discussed outside of the session in which it is presented and furthermore must not be recorded, conveyed, or disseminated in written or electronic form.
- Participants must agree to maintain a secure environment to be utilized solely by the registered participant and protected from intrusion by, or exposure to, unauthorized persons.
- Presenters of case material must have either obtained informed consent from the patient (or guardian) or taken other carefully considered measures to safeguard confidentiality.
- If at any time a participant suspects he, she or they may recognize the identity of a patient in a case presentation, the participant must leave the session immediately.
- Failure to observe these guidelines constitutes a breach of APsaA’s ethical principles and may be cause for disciplinary or legal action or both.
All sessions are live and listed in Eastern Time.

**SATURDAY, FEBRUARY 20, 2021**

11:00 A.M. – 1:00 P.M. ET

**DPE SEMINAR:**

**EARLY CAREER PSYCHOANALYST EDUCATION AND PROFESSIONAL DEVELOPMENT**

Co-chairs: Richard C. Fritsch, Ph.D. (Washington DC)
Britt-Marie Schiller, Ph.D. (Saint Louis, MO)
Host: Wendye Jacobson, M.D. (Atlanta, GA)
Presenters: Sabrina Cherry, M.D. (New York, NY)
Kerry J. Sulikowicz, M.D., President-elect (New York, NY)
Richard Tuch, M.D. (Los Angeles, CA)
Discussant: Sarah L. Lusk, Ph.D. (Cambridge, MA)

DPE This DPE Seminar is designed to fill a gap and provide educational needs specifically for the Early Career Psychoanalyst (ECP). Experts in their fields will present a program directly engaging the professional development of recent graduate analysts. Sabrina Cherry, M.D. will present research on career paths after analytic training. Kerry Sulikowicz, M.D. will outline key elements for assuming leadership roles and responsibilities in psychoanalysis. Richard Tuch, M.D. will focus on developing the ability and incentive to contribute to psychoanalytic scholarship.

After attending this session, participants should be able to: 1) Design models of Early Career Psychoanalyst (ECP) education and professional development; 2) Demonstrate the skills to assume leadership positions in psychoanalysis and contribute to scholarly psychoanalytic literature.

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**CLINICAL CONFERENCE FOR RESIDENTS, PSYCHOLOGY AND SOCIAL WORK TRAINEES, AND STUDENTS,**

**PRESENTED BY APSAA FELLOWS: SHARED AND DIFFERENT: CHALLENGES OF INTERSECTING ETHNICITIES, RACE AND CLASS IN TREATMENT OF IMMIGRANTS**

Chair: Joshua Turchan, Ph.D.* (Williamston, MI)
Host: Tareq M. Yaqub, M.D.* (Ann Arbor, MI)
Presenter: Ali Haidar, M.D.* (New York, NY)
Discussant: Adrienne Harris, Ph.D. (New York, NY)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state’s board.

The journey of immigration is marked by dislocation, loss of familiar homeland, embracing otherness, and often, trauma. This may be true for both patients and the therapists providing treatment. This case conference discusses a patient and therapist who share similar backgrounds but with important ethnic, racial and class differences. Patient’s fantasies and power dynamics within the treatment reflect perceived ethnicities and power struggles experienced while living inside his country origin. Shifting identifications, anger, guilt and mistrust permeated the transference and countertransference as the patient navigated asylum and acculturation challenges. Questions addressed will include the role of the therapist’s personal history, disclosure, humility, and seeking out specific knowledge of geopolitical contexts when working with survivors of war conflicts and trauma.

After attending this session, participants should be able to: 1) Describe how immigration and cultural considerations can become the driving force for a treatment even when not acknowledged at the initial stages; 2) Analyze special cultural transference and countertransference considerations in treating immigrants.
DISCUSSION GROUP 1:
THE PSYCHODYNAMICS AND
PSYCHOLOGICAL IMPACT OF MISOGYNY
Co-chairs: Cecile R. Bassen, M.D. (Seattle, WA) 
Hilli Dagony-Clark, Psy.D. (New York, NY)  
Host: Catherine Mallouh, M.D. (San Francisco, CA)  
Presenter: Patricia Alkolombre*  
(Buenos Aires, Argentina)  

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state’s board.

Misogyny and domestic violence are significant problems throughout the world. This discussion group will explore the psychological impact of misogyny and domestic violence, and psychodynamic aspects of tolerating abuse. The group will discuss clinical material and relevant papers in order to increase participants’ ability to make use of contemporary understandings of the psychodynamics of gender and of misogyny in their work, especially their ability to respond analytically to clinical material involving aggression towards women. This group will focus on the analysis of an abused woman, with an emphasis on the importance of the analyst’s response and on the challenge to the analyst’s countertransference. Patricia Alkolombre is the Latin American Co-Chair of the IPA Committee on Women and Psychoanalysis.

After attending this session, participants should be able to: 1) Utilize contemporary concepts of the psychodynamics of gender and domestic violence in psychotherapy and psychoanalysis with victims of domestic abuse; 2) Analyze the psychological impact of misogyny, domestic violence, and aspects of tolerating abuse with an emphasis on the importance of the analyst’s response.  

| 11:00 A.M. – 1:00 P.M. ET continued |

DISCUSSION GROUP 2:
ITALIAN PSYCHOANALYSIS AND
CONTEMPORARY MODELS OF THEORY
AND TECHNIQUE
Co-chairs: Andrea Celenza, Ph.D. (Lexington, MA)  
Christopher G. Lovett, Ph.D.  
(Newton Centre, MA)  
Co-chair & Host: John C. Foehl, Ph.D. (Cambridge, MA)  
Presenter: Matthew Shaw, Ph.D. (New Haven, CT)  
Discussant: Elena Molinari, M.D.* (Pavia, Italy)  

This discussion group will explore contributions to contemporary psychoanalysis by clinicians and theorists who represent different aspects of recent developments in Italian psychoanalysis. The work of such authors such as Lombardi, Bolognini, Borgogno and members of the Pavia group such as Ferro, Civitarese and Molinari will be highlighted, especially their attention to primitive, often unsymbolized levels of functioning and innovative methods of analytic approach to these areas in work with patients. The clinical focus of this group will emphasize analysis as a system of transformations that take place within and through the analytic relationship, often featuring methods that encourage increased receptivity on the part of the analyst to the patient’s unconscious communications and a greater diversity of interpretive approaches to include less direct, more ‘unsaturated’ interventions. The three co-chairs are experienced analysts with a longstanding interest and involvement with Italian analytic approaches. The presenter is an experienced child and adult analyst, and the guest discussant is a prominent child analyst from Italy.

After attending this session, participants should be able to: 1) Describe ‘saturated’ versus ‘unsaturated’ interpretations and their differing uses in clinical technique; 2) Compare interpretations that stress the creation of new experience and their different aims to interventions intended to increase insight.
DISCUSSION GROUP 3: 
TEACHING PSYCHODYNAMIC PRINCIPLES THROUGH FILM
Chair: Christopher W. T. Miller, M.D. (Baltimore, MD)
Presenter & Host: Jooyoung Lee, M.D.* (Baltimore, MD)
Presenters: Lindsay L. Clarkson, M.D. (Dorset, VT)
Donald R. Ross, M.D. (Baltimore, MD)
The use of film for teaching analytic concepts can illustrate them in more relatable and applicable manners. The 2019 film Parasite portrays a vivid contrast between two families, one living in opulence and comfort, whilst the other lives in relative squalor. The position of the more affluent family is maintained through psychic and physical disavowal of baser elements of the human condition, requiring mounting force in order to keep such offensive bits out of awareness. As the less advantaged family seeks social promotion, a perversion of their sense of unity and of self occurs. The repudiated aspects of human nature keep breaking through the efforts to repress them and inevitably stain the image of perfection that is so sought-after.
After attending this session, participants should be able to: 1) Describe a teaching model that utilizes film to expose early learners to psychodynamic concepts, serving to increase their mastery of the content; 2) Create a didactic approach to the concepts of primitive anxieties and the return of the repressed as represented in the two sets of families portrayed in the film Parasite.

DISCUSSION GROUP 4: 
PSYCHOANALYTIC COUPLE AND FAMILY THERAPY
Co-chair: David Scharff, M.D. (Chevy Chase, MD)
Co-chair: Richard M. Zeitner, Ph.D. (Blue Springs, MO)
Presenter: Elizabeth Palacios, M.D.* (Zaragoza, Spain)
Discussant: Alfred S. Margulies, M.D. (Auburndale, MA)
This discussion group applies psychoanalytic principles from object relations psychoanalytic theory to the psychoanalytic treatment of families and couples. Dr. Janine Wanlass will present a family with two young children and with blocked mourning who were treated through analytic family therapy. It proceeds through in-depth discussion of issues raised in the case, grappling with points about technique, cultural and ethical considerations, and theoretical implications for conducting family and couple psychoanalysis, as well as implications for individual psychoanalytic therapy. The group will discuss theoretical issues raised by the clinical exploration. This group aims to familiarize analysts with the shifts in technique required for application of analysis to family and couple psychoanalysis, and to apply lessons from these modalities to the conduct of individual analytic treatments.
After attending this session, participants should be able to: 1) Describe the shifts in technique required for application of analysis to family and couple psychoanalysis; 2) Compare cases appropriate for conjoint therapy with those more appropriate for individual psychoanalytic therapy.

DISCUSSION GROUP 5: 
FACING THE FACTS: SELF DISCLOSURE AND THE ANALYTIC RELATIONSHIP
Chair: Stephanie Brody, Psy.D. (Lexington, MA)
Host: Catherine Kimble, M.D. (Lexington, MA)
Presenter: Anne J. Adelman, Ph.D. (Chevy Chase, MD)
Discussant: Alfred S. Margulies, M.D. (Auburndale, MA)
The clinical work of 2020 has been conducted in a turbulent world. Many professional discussions have focused on ‘maintaining the analytic frame’; even as unfathomable fear and loss have surrounded our dyadic space. A virtual consulting room may protect us, but the external remains - its presence pierces the frame. Vulnerability exists on both sides of the screen. Can the analytic frame include a discussion of our mortality, or do we shy away from facing our shared fate? This discussion group will address the challenge of sessions that begin with “how are you doing with this?” and end with a discussion of our shared destiny. The group will explore the penetrating facts of 2020, and the consequences in the clinical world of 2021.
After attending this session, participants should be able to: 1) Describe the challenge to the ‘analytic frame’ in the context of life altering external events; 2) Demonstrate how the awareness of mortality can alter clinical work and prepare for the inevitable clinical challenges of lifespan events, of external events, and personal vulnerability for both members of the therapeutic dyad.
DISCUSSION GROUP 6: TREATING THE SUICIDAL PATIENT
Chair: Mark J. Goldblatt, M.D. (Cambridge, MA)
Host: Benjamin J. Herbstman, M.D., M.H.S. (Cambridge, MA)
Presenter: Lisa Citrin, LICSW (Cambridge, MA)
Discussants: Elsa Ronningstam, Ph.D. (Belmont, MA)
Mark A. Schechter, M.D.* (Needham, MA)

This discussion group is targeted at psychoanalysts and psychoanalytic psychotherapists who are interested in learning about treatments for suicidal patients. A case report of the psychoanalytic treatment of a suicidal patient is presented with attention to session notes that enable an understanding of how the analyst considers and holds patient risk. The discussants will consider conscious and unconscious factors in the transference/countertransference that enable safety and growth. The case and discussion will broaden understanding of suicidal patients and the stressors on clinicians undertaking these treatments.

After attending this session, participants should be able to: 1) Assess suicidal patients and factors to engage with them in safe and effective treatments; 2) Discuss transference/countertransference manifestations of regression and recovery from suicidal distress.

1:00 P.M. – 2:00 P.M. ET
POSTER SESSION Q&A
This is an opportunity to engage with the Poster Presenters in real time. During this session, attendees will be free to navigate between posters, submit their questions to presenters, and interact in real time using the Chat button on each individual poster page.

Note: This session does not offer Continuing Education Credit.

2:00 P.M. – 4:00 P.M. ET
Chair & Presenter: Nellie L. Thompson, Ph.D. (New York, NY)
Host: Laurie Wilson, Ph.D. (New York, NY)
Presenters: Daniel H. Jacobs, M.D. (Brookline, MA)
John Martin-Joy, M.D. (Watertown, MA)
Discussant: Nancy J. Chodorow, Ph.D. (Cambridge, MA)

The social and political unrest that marked the 1960s and 70s generated a number of papers by psychoanalysts that have been largely forgotten. Against the backdrop of an increasing involvement in contemporary social and political issues by analysts today, the workshop will revisit two papers written in response to this earlier societal conflict. The psychoanalyst John Martin-Joy will discuss Erik Erikson’s “Reflections on the Dissent of Contemporary Youth” (1970), while the analyst Daniel Jacobs will discuss Andrew Peto’s “On Crowd Violence: The Role of the Archaic Superego and Body Image” (1975). The discussants are Nancy Chodorow (Erikson) and Nellie Thompson (Peto). It is both useful and perhaps cautionary as well, to revisit how analysts applied psychoanalytic theory to a period of social crisis.

After attending this session, participants should be able to: 1) Summarize Erik Erikson’s thesis on the overdetermined origins of youth protest and Andrew Peto’s ideas on the interplay between crowd violence and body image; 2) Compare contemporary
psychoanalyst’s increasing involvement in social and political issues with psychoanalytic responses to earlier societal conflicts.  

RESEARCH SEMINAR: EXPLORING THE INTERFACE OF TECHNOLOGY, IDENTITY, AND RELATIONSHIPS

Chair: Katie C. Lewis, Ph.D.* (Stockbridge, MA)
Host: Ilana Larkin, M.A.* (Evanston, IL)
Presenters: Carly Inkpen, LICSW* (Cambridge, MA)  
Xiaochen Luo, Ph.D.* (Santa Clara, CA)
Jamie Steele, M.A., M.F.T.* (Troy, NY)
Discussant: Danielle Knafo, Ph.D.* (Great Neck, NY)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state’s board.

Identity and relational functioning have long been viewed as essential axes for understanding and contextualizing human experiences and behaviors. The increasing use of technology in daily life and in the context of clinical treatment has introduced new opportunities both for expanding understanding of different dimensions of identity construction, particularly with regards to gender, and for evaluating the dynamic processes that underly relational functioning and therapeutic engagement. This seminar will feature multidisciplinary research presentations that examine the intersection of technology, identity, and relatedness, ranging from explorations of abstract ideals to experience-near momentary evaluations of affective experiences during treatment. The relevance of knowledge gained from these studies for psychoanalytic theory and treatment will be the focus of the discussion.

After attending this session, participants should be able to: 1) Apply contemporary quantitative methods in examining dynamic interpersonal processes and alliance ruptures in psychotherapy; 2) Describe the role of technological development and imagery in reinforcing gender-related cultural fantasy and enactments of marginalization and trauma.

COMMITTEE SPONSORED WORKSHOP 1: PSYCHOTHERAPY TRAINING PROGRAMS: ENGAGING THE REMOTE: TEACHING IN A TIME OF COVID-19

Co-chair: Ann Dart, LCSW* (Portland, OR)
Co-chair & Host: Anna R. Schwartz, M.D. (New York, NY)
Presenters: Sue Baxt, Ph.D.* (Westmount, Quebec)
Matthew Grieppe, M.D.* (New York, NY)
Mark Moore, Ph.D. (Philadelphia, PA)

Despite much discussion about conducting remote treatment during the COVID-19 pandemic, little consideration has been given to the specific challenges of teaching psychotherapy students in virtual classroom settings. This workshop will address some of the challenges around teaching about process, maintaining class interest, developing class cohesion and ensuring student retention. Particular attention will be given to fostering an appreciation of the concepts, sensibilities and attunements unique to psychoanalytic therapy, and addressing limitations and unexpected opportunities provided by remote learning. Following an initial discussion by panelists, break-out groups will engage in short exercises and a related discussion of topics chosen to help faculty improve the classroom experience.

After attending this session, participants should be able to: 1) Assess the challenges of teaching psychotherapy students in a virtual classroom setting; 2) Prepare virtual classes that teach process using techniques to maintain class interest and create class cohesion.
experience levels and is designed to foster increased clinical proficiency across one’s career. Using a case example, didactics and facilitated discussion, this session will demonstrate the relationship between bored therapists, patient history of poor relationships and/or personality disorder pathology, and the positive use of boredom to inform technical interventions and foster increased clinical understanding.

After attending this session, participants should be able to: 1) Explain the connection between countertransference and treatment process and outcome; 2) Assess the adverse impact of heightened levels of disengaged feelings in a treatment on the effect of transference work.

**DISCUSSION GROUP 8: RESEARCH IN PSYCHOANALYSIS – REMOTE THERAPY AND THE ANALYST: WHAT HAVE WE LEARNT FROM THE PANDEMIC?**

Chair: Tracy A, Prout, Ph.D.* (Bronx, NY)
Host: Adam N. Moriwaki, Psy.D. (Muskego, WI)
Presenters: Katie Aafjes-van Doorn* (Bronx, NY)
Vera Bekes, Ph.D.* (Montreal, Canada)
Leon Hoffman, M.D. (New York, NY)
Karl W. Stukenberg, Ph.D. (Cincinnati, OH)

The COVID-19 pandemic forced psychotherapists to continue their practice in a remote format. Given analysts’ traditional reluctance of using online therapy due to concerns regarding the ability to maintain the analytic frames, the mass transition to remote sessions may have imposed many challenges on them. This discussion will present results of an international study of over 3000 therapists during the start of the pandemic and at two follow-ups, which explored experiences with remote therapy, as well as preliminary results of more in-depth qualitative interviews conducted with analysts about their experiences.

After attending this session, participants should be able to: 1) Assess the strengths and limitations of telehealth treatment based on research data; 2) Apply research findings about telehealth treatment to inform and improve telehealth care of patients.

**DISCUSSION GROUP 9: SHAME DYNAMICS**

Co-chair, Presenter & Host: Peter Shabad, Ph.D.* (Lincolnwood, IL)
Co-chair: Melvin R. Lansky, M.D. (Los Angeles, CA)

This discussion group will examine theoretical and clinical aspects of how shame inhibits curiosity. Given that shame leads to self-consciousness and self-doubts about one’s adequacy and the “rightness” of one’s inner life, it has a pervasively inhibiting effect on one’s growth, as well as curiosity and inquiry into the unknown. This inhibition of curiosity often leads to the character passivity of “playing it safe.” Given that curiosity is an important aspect of mental and emotional health, the group will revisit how analysts have often deflected or shut down the questions of patients that reflect their attempts to recover their curiosity. The group will examine ways that analysts can facilitate and engender their patients’ curiosity.

After attending this session, participants should be able to: 1) Describe how the particular dynamics of shame and self-consciousness inhibit curiosity; 2) Explain how the analyst’s way of answering patient inquiries has major implications for the inhibition or facilitation of the patient’s curiosity.

**DISCUSSION GROUP 10: THE VULNERABLE CHILD: IT TAKES A VILLAGE, FINDING A CHILD’S PLACE IN THE COMMUNITY**

Co-chair & Host: Richard L. Cruz, M.D. (Chadds Ford, PA)
Co-chair: Christie Huddleston, M.D. (Bala Cynwyd, PA)
Presenters: Kimberly Grant, M.A., Child Protective Service* (Houston, TX)
Betsi Longoria, M.S.W, Child Advocate* (Houston, TX)
Felecia R. Powell-Williams, Ed.D., LPC-S, RPT/S (Houston, TX)
Discussant: Mary Davis, M.D. (Lancaster, PA)

Felecia Powell-Williams presents work with a boy whose mother’s trauma left him emotionally handicapped in foster care. The presentation illustrates the child’s trauma related internal conflicts, and parental influence on development. Betsi Longoria presents the child advocate’s role. Kimberly Grant presents protective service’s involvement and deliberation over reunification. Mary Davis discusses work with the child and family from both a clinical perspective and a consultation and policy perspective. The session interests
therapists working with vulnerable children and adults and consulting with child care agencies. After attending this session, participants should be able to: 1) Plan for treatment of traumatized children based on assessment of defenses and developmental status; 2) Utilize parent work and consultation with child care related professionals that supports the child’s emotional development.

**DISCUSSION GROUP 11:**
**TREATING PATIENTS WITH UNREPRESENTED PSYCHIC EXPERIENCE AND SOMATIC STATES**

**Chair:** Deborah Shilkoff, LICSW (Cambridge, MA)
**Co-chair:** Lucinda Di Domenico, M.D. (Newton Centre, MA)
**Host:** Alistair A. McKnight, Psy.D., LMHC (Cambridge, MA)
**Presenter:** Sureyya Iscan, Ph.D. (Westborough, MA)

This discussion group explores the development of the ability to represent feelings and thought. Under deficits in attachment, or due to trauma, the original body ego does not develop a psychically represented ego. Instead the body ego represents feelings through, for example, somatic states or action, concrete thinking, attachment difficulties, psychosomatic illness, panic attacks, eating disorders, or addiction. The group will consider unrepresented experience as it appears in the treatment through projective identification, containment, reverie, transference and countertransference phenomena, and the particular use of dreaming. The group will discuss the long path to psychic representation. This population does not respond easily to interpretation or might get worse, resulting in premature departure from treatment.

After attending this session, participants should be able to: 1) Analyze unrepresented or poorly represented psychic states through projective identification, containment, reverie, transference and countertransference phenomena and the particular use of dreaming; 2) Discuss ways psychoanalytic patients develop the capacity for symbolization and the use of words to contain and describe feelings.

**DISCUSSION GROUP 12:**
**ETHICAL DILEMMAS IN PSYCHOANALYTIC INSTITUTES**

**Co-chair & Host:** Susan Kattlove, M.D. (Cambridge, MA)
**Co-chair:** Stephanie Schechter, Psy.D. (Cambridge, MA)

**Note:** This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state’s medical board.

This discussion group will explore every day ethical dilemmas that occur in clinical work and in the life of a psychoanalytic institute. What is ethical professional behavior – in the consulting room, in the classroom, in admissions meetings, in supervision? How do we make ethical judgments when there are competing interests to consider? Why is ethical conduct so difficult to talk about at institutes? Using a method employed at the Boston Psychoanalytic Society and Institute to ease barriers to open discussion, this group will use a fictional vignette as a springboard to explore the multiple ethical and clinical choices members of psychoanalytic institutes face in supervisory, treatment, and peer relationships.

After attending this session, participants should be able to: 1) Describe competing ethical and clinical values that arise in relationships among members of psychoanalytic institutes; 2) Summarize the ethical and clinical choices members of psychoanalytic institutes face in supervisory, treatment, and peer relationships.

**DPE CHILD CONGRESS:**
**RESEARCH AND CHILD PSYCHOANALYSIS: INTEGRATING ANALYTIC PRINCIPLES AND EMPIRICAL STRATEGIES**

**Chair & Host:** Pamela Meersand Ph.D. (New York, NY)
**Presenters:** Jordon Bate, Ph.D.* (New York, NY)
Inga Blom, Ph.D.* (New York, NY)
Patricia Nachman, Ph.D. (New York, NY)
Wendy Olesker, Ph.D. (New York, NY)
Timothy Rice, M.D. (New York, NY)
Lisa Roth, M.D. (New York, NY)
Gabrielle H. Silver, M.D. (New York, NY)
Miriam Steele, Ph.D. (New York, NY)

This session will address the gap between psychoanalytic child theory and practice.
and the growing need for evidence-based research to help demonstrate the importance and efficacy of analytic treatments. The program is designed for practicing child psychoanalysts and dynamic clinicians, as well as child candidates and other students of psychodynamic therapies who are interested in the contributions of past and current child research, or who wish to initiate their own research projects. Presenters who are clinician/researchers will describe their own past or ongoing research projects, and discuss ways for analytic centers to support faculty and students who wish to make research contributions. Presenters include well-known figures in the field of child analysis as well as current candidates who are conducting original research projects.

After attending this session, participants should be able to: 1) Assess the current state of child research within the curricula of psychoanalytic institutes and the need for diverse research ideas and strategies in child psychoanalysis; 2) Utilize research within psychoanalytic institutes to pursue original projects using psychodynamic principles and empirical approaches.

**DISCUSSION GROUP 13: NEUROSCIENCE PERSPECTIVES ON PSYCHOANALYSIS**

Chair & Host: Mark J. Fisher, M.D. (Irvine, CA)
Discussants: Richard J. Kessler, D.O. (Long Island City, NY)
Theo G.M. van Erp, Ph.D.* (Irvine, CA)

This discussion group addresses the current neuroscience literature on topics pertinent to contemporary psychoanalysis, from the perspectives of both theory and clinical practice. Specific papers are reviewed in detail, and all members of the discussion group are invited to provide their input. The session is led by Dr. Fisher, a neurologist, neuroscientist, and Professor of Neurology at UC Irvine. Discussant Dr. Kessler is a practicing psychoanalyst and Co-Editor of the journal Neuropsychoanalysis. Discussant Dr. van Erp is an fMRI expert and Associate Professor of Psychiatry & Human Behavior at UC Irvine. The group will address the provocative topic of the relationship between what neuroscientists view as “mind-wandering” and what psychoanalysts regard as “free association”. This was discussed at the 2020 National Meeting, and it was clear that this subject matter deserves additional attention.

After attending this session, participants should be able to: 1) Summarize the neuroanatomy of free association, mind wandering, and meditation; 2) Analyze the relationships between the psychoanalytic concept of free association and the neuroscientific concepts of mind wandering and meditation.

**DISCUSSION GROUP 14: THE INTERNATIONAL FACE OF RELATIONAL PSYCHOANALYSIS**

Chair: Anthony Bass, Ph.D. (New York, NY)
Co-chair & Host: Adrienne Harris, Ph.D. (New York, NY)

This group targets analysts at all levels of experience wishing to gain deeper knowledge of relational theory and increased competence in its applications. The analyst’s flexible uses of self in the service of the patient’s development and the deepening of the analysis will be emphasized. Impasse, enactments and other disturbances in the transference/countertransference field will be addressed. Educational methods include didactic explication of relevant theory, and its demonstration in the context of case discussion. This year the session will examine clinical material drawn from two different international communities in which relational ideas are taught and applied. Clinical presentation, interview and didactic material will be included.

After attending this session, participants should be able to: 1) Discuss frame elasticity and the clinical relevance of cultural and social factors in the context of COVID-19 and trauma in diverse cultural surrounds; 2) Assess impasse, enactments and other disturbances in the transference/countertransference field as they are applied in the context of COVID-19 diverse cultural, social context and needs.

**DISCUSSION GROUP 15: LOVE, SEX AND THE AMERICAN PSYCHE: LOVE DISORDERS IN THE TIME OF COVID-19**

Co-chair & Presenter: R.C. Curtis Bristol, M.D. (Washington, DC)
Co-chair, Presenter & Host: Stefan A. Pasternak, M.D. (Delray Beach, FL)

This session is for practicing therapists and psychoanalysts. It will address psychoanalytic theories of the psychoanalytic frame, love disorders and the impact of COVID-19 and quarantine. Literature on psychoanalytic theories of love, continued
relationship and the impact of the pandemic will be reviewed, along with a presentation of clinical case material. The goal of this discussion group is to improve skills in remote/distance patient care and treatment procedures during the ongoing COVID-19 pandemic. Drs. Bristol and Pasternack have co-chaired this discussion group for many years, reviewing love disorders, sexual addiction, masochism and other topics. Both are experienced analysts with extensive practice and teaching experience.

After attending this session, participants should be able to: 1) Describe the impact social distancing isolation, fears of illness and death anxiety have on old and new love and sexual relationships; 2) Apply adjustments to the frame of treatment in a telehealth setting due to social distancing and quarantine in the treatment of love and sexual relationship disorders.

**DISCUSSION GROUP 16: APPLYING HISTORICAL AND SOCIAL FACTORS IN CLINICAL PSYCHOANALYSIS**

**Chairs:** Dorothy E. Holmes, Ph.D. (Bluffton, SC)
Donald B. Moss, M.D. (New York, NY)
Stephen Seligman, D.M.H. (San Francisco, CA)

**Host:** Jill Smith, M.D. (Los Angeles, CA)

**Presenters:** Jyoti Rao, M.F.T. (San Francisco, CA)

**Note:** This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state’s board.

A detailed case presentation will begin the program, including specific session notes. The case presenter will include factors that might lend themselves to a cultural-historical perspective.

Group discussion will follow after the initial summary of the case and then after each hour is presented. The discussion will be focused on the impact of those particular factors in the psychotherapeutic process and the origin of the clinical problems at hand. Different ways of formulating and intervening will be considered. There will be opportunity to reflect on how analysts’ own cultural and economic situations affect our thinking and experience. The presenter is an experienced analyst open to broad critical thinking. The program chairs have written, taught and been involved in explorations of these subjects for some time.

After attending this session, participants should be able to: 1) Utilize social/historical factors, such as race and economic class to increase the comprehensiveness of psychotherapeutic clinical work; 2) Demonstrate the importance of the sociohistorical origins of psychopathology.

**DISCUSSION GROUP 17: OPERA AND PSYCHOANALYSIS**

**Co-chairs:** Ralph Beaumont, M.D. (Portland, OR)
Lynn Buell, MSW (Seattle, WA)

**Host:** Constance J. Jackson, M.D. (Portland, OR)

**Presenters:** Francis Grier, M.A.Oxon.* (London, England)
John Muller, M.Phil.* (New York, NY)

This program will consider interpersonal and intrapsychic aspects of the dynamics of forgiveness and the refusal to forgive in Mozart’s three Da Ponte operas, with special emphasis on The Marriage of Figaro. These dynamics emerge as central issues in all three of these operas, and are resolved differently in each. From applied analytic and musicological perspectives the discussion will take up the ways these varied dynamics are expressed in art and in the clinic. Questions such as, why did Mozart provide different resolutions in different works, will be considered, along with questions of why our patients and analysands also resolve these issues differently at different times in treatment processes.

After attending this session, participants should be able to: 1) Describe the underlying interpersonal and intrapsychic dynamics of forgiveness and the refusal to forgive that lead to different resolutions; 2) Explain why patients and analysands resolve issues of forgiveness and its refusal differently and at different times in the treatment processes.

**DISCUSSION GROUP 18: PSYCHOANALYSIS AND CHINA: DISTANCE ANALYSIS FROM BOTH SIDES OF THE COUCH**

**Chair:** Lana P. Fishkin, M.D. (Bala Cynwyd, PA)

**Co-chair:** Elise W. Snyder, M.D. (New York, NY)

**Host:** Tiffany Bryant* (New York, NY)

**Presenters:** Xiubing Wang, M.S. (Guang Dong, China)
Eric Qi Zhuang, M.A. (Sichuan, China)

**Discussant:** Frederic Levine, Ph.D. (Coconut Grove, FL)

**Note:** This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state’s board.
This discussion group will be of interest to anyone involved with, or contemplating becoming involved with, distance psychoanalysis. The presenters, two Chinese analysands and one senior analyst, will provide vignettes, to illustrate the specific issues involved in experiencing and providing analytic treatment via the internet. The effectiveness and the difficulties of distance psychoanalysis will be explored, and a lively discussion among the participants will be encouraged to increase knowledge and competence with this necessary treatment modality.

After attending this session, participants should be able to: 1) Utilize a videoconference platform to conduct a distance psychoanalytic treatment; 2) Assess the appropriateness of tele-psychoanalytic treatment for a given patient. **CEC 2**

All are invited to an informal evening to socialize with fellow psychotherapists and to talk about APsaA, the Psychotherapy Department and how you can become involved. There will be an exchange of information and perspectives about psychotherapy within the analytic community. Bring your favorite appetizer & beverage to the Zoom room!

**CEC 2**

In 1934, Sterba wrote about the enhancement of the observing function of the ego in psychoanalytic treatment. There was little further development of this basic idea until the appearance of clinical and research papers on the importance of enhancing mentalization and reflective function in treatment. Although this approach was initially directed to the treatment of borderline conditions, it has been extended to other diagnostic groups. Two of the leading figures in this area, Professors Fonagy & Kernberg will present their work. The target groups for this session include clinicians who work with different diagnostic groups. They are expected to acquire information that will be relevant to their clinical approach to treatment.

After attending this session, participants should be able to: 1) Describe the use of mentalization and reflective function as one mechanism of change in psychodynamic treatment; 2) Compare the use of Mentalization Based Treatment (MBT) & Transference Focused Psychotherapy (TFP) with different diagnostic groups. **CEC 2**
Psychoanalytic treatment is depicted as outdated and ineffective to the general public. Rather than blaming the media and New Yorker cartoons, psychoanalysts bear some responsibility. Often our way of communicating relies heavily on jargon and refers to our complex theories. This approach to public communication inadvertently turns off potential patients who could benefit from a deeper, more individualized form of talk therapy. In order to change the public’s perceptions, psychoanalysts need to communicate in a way that illustrates how psychoanalysis can be accessible and relevant to their lives. In this session, resistance to speaking to the lay public will be addressed and suggestions will be offered on how best to communicate about what psychoanalysts do, how it is done, and why it is effective.

After attending this session, participants should be able to: 1) Describe resistances to plain speaking and the default to in-group communications; 2) Analyze the public’s misconceptions, while developing new language skills to create positive associations for psychoanalytic treatment and theories.

The Peter Loewenberg Essay Prize in Psychoanalysis and Culture

Chair & Host: Murray M. Schwartz, Ph.D. (Amherst, MA)
Presenter & Prize Winner: Rosemary Rizq, Ph.D.* (London, England)
Discussant: Mitchell Wilson, M.D. (Berkeley, California)
Title: ‘Familiar Artifice: Ways of Telling in the Short Story, Psychoanalysis, and Alice Munro’s The Moons of Jupiter.

The Peter Loewenberg Essay Prize (formerly the CORST Essay Prize) is awarded to a paper demonstrating outstanding psychoanalytically informed research and scholarship in the arts, humanities, or social and behavioral sciences.

Presenting a reading of Alice Monro’s The Moons of Jupiter, Dr. Rizq will argue that the form of the short story, as opposed to the linear, sequential aspects of the novel, is a more appropriate model for the revelation of the self in psychoanalysis. Drawing on the roots of the short story in fable together with Freud’s Totem and Taboo she will illuminate how Munro offers us an exemplary tale that parallels the origin of the self in its identification with the other. “The Courage to Dream Book Prize and the Undergraduate Essay Prize will be presented at this session.”

Note: This session does not offer Continuing Education Credit.

Discussion Group 19:
Embracing or Foreclosing Change: Deepening the Treatment

Chair, Presenter & Host: Peter Shabad, Ph.D.* (Lincolnwood, IL)

This discussion group will explore how the treatment relationship is a paradoxical one, inasmuch as it is both professional and intensely personal at the same time. What does it signify and what are the clinical implications when the professional is emphasized by one or both participants at the expense of the personal? Or when the personal is emphasized at the expense of the professional? What effect does the analyst’s countertransference, analytic technique, and personal defense structure have on how this professional/personal paradox is addressed in the treatment, and on the fate of the analysis? This group will seek to raise questions and stimulate discussion about how the professional/personal paradox plays out in the treatment relationship.

After attending this session, participants should be able to: 1) Describe why the treatment relationship can be characterized as both professional and personal simultaneously; 2) Compare aspects of the treatment relationship that are considered professional and some that are more personal.

Discussion Group 20:
Enriching Adult Analytic Work by Child Analytic Training and Practice

Co-chair, Presenter & Host: Caroline M. Sehon, M.D. (Bethesda, MD)
Co-chair & Presenter: Virginia Ungar, M.D.* (Buenos Aires, Argentina)

The co-chairs will demonstrate the importance for every adult analyst to obtain some child analytic supervision or training before or after graduating from an analytic training program. Presenters will...
include internationally recognized Dr. Virginia Ungar, President, IPA and Dr. Caroline Sehon, Director, International Psychotherapy Institute (IPI). Child analytic foundational concepts will be highlighted, such as a discussion of the contributions of Anna Freud, Melanie Klein, Donald Winnicott, and a review of the developmental stages from pre-birth to adolescence relevant to adult psychotherapy and adult analysis. Evocative clinical case presentations will improve participants’ capacities to come into contact with difficulties associated with very regressive moments or phases in adult analytic work. Participants will come to experience firsthand how child analytic work facilitates the development of analytic attitude, observational skills, and receptivity to transferance and countertransferance in clinical work with both child and adult patients.

After attending this session, participants should be able to: 1) Summarize concepts from infant, child, and adolescent development that apply to the practice of adult analytic work; 2) Describe transferance and countertransferance issues relevant to work with the infantile parts of adult patients’ minds.

DISCUSSION GROUP 21: FEAR, FAITH, GUILTE AND GRIT: PSYCHOANALYSIS AND SPIRITUALITY
Chair: Paula Jean Hamm, M.A., LPC (Centreville, VA)
Host: Marc S. Levine, M.D. (Washington, DC)
Presenter: Joseph Novello, M.D. (Ashburn, VA)
Discussant: Paul Marcus, Ph.D. (Great Neck, NY)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state’s board.

Pandemic times demand psychoanalysts to adapt, be flexible and cultivate resilience but this comes with suffering as part of the human experience. In the forefront of confronting uncertainty, complexity, and the role of personal responsibility a more intense truer self can emerge from the cracks and crevices broken open. Illustrated through the life of Angelo D’Agostino, Jesuit Priest, physician and American-trained Psychoanalyst, Dr. Joseph Novello will tell “Dags” story. Author of “Dag, Savior of AIDS Orphans” he will illustrate how one man can change the world through being true to his archaic roots through insight, faith confronting established norms.

After attending this session, participants should be able to: 1) Discuss how to cultivate faith in patients by keeping the archaic roots open for working through crisis and trauma; 2) Describe the differences between defensive uses of religion and adaptive uses of the mystery of faith in a person’s cultural history.

DISCUSSION GROUP 22: A HALL OF MIRRORS: IMPINGEMENTS ON THE ANALYTIC CONTAINER
Chair & Host: Michael Krass, Ph.D. (Falls Church, VA)
Discussants: Justine Kalas Reeves, LICSW, Psy.D. (Washington, DC)
Marie A. Murphy, MSW, BCD (Bethesda, MD)

This session is oriented towards clinicians who find themselves trapped in countertransferance enactments, areas of misattunement and impasses that could be helped by examining the impingements that affect the analyst’s capacity to think effectively—in short—to interfere/collapse/destroy the analyst’s containing function. The co-leaders are inviting participants to bring clinical moments when their analytic containing function was challenged by the strain of current sociopolitical events: e.g., the COVID-19 pandemic, the recent increase of societal focus on racism and misogyny, the chronic state of political crisis and increasing economic stratification. We will utilize these case examples to discuss those forces that impinge upon the container—tipping, puncturing, and, in the worst cases, pulverizing the container within the analyst—to identify strategies the analyst can use to withstand and make constructive use of damage inflicted on the analyst’s containing function.

After attending this session, participants should be able to: 1) Use the analyst’s countertransferance and reverie as well as the transferance countertransferance field to manage the impact of destructive impingements on the analyst’s containing function; 2) Utilize impingement to the container by closely analyzing the impingement’s impact upon the countertransferance-transferance field and the analyst’s reverie to facilitate a deepening of the analytic process.
DISCUSSION GROUP 23:
PSYCHOANALYTIC PERSPECTIVES ON WOMEN AND THEIR EXPERIENCE OF COMPETENCE, AMBITION AND LEADERSHIP
Co-chairs: Frances Arnold, Ph.D. (Cambridge, MA)
          Stephanie Brody, Psy.D. (Lexington, MA)
Host: Trude Kleinschmidt, M.D. (Watertown, MA)
Presenter: Adrienne Harris, Ph.D. (New York, NY)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state’s board.

Looking back on 2020, on the impact of Black Lives Matter, of the pandemic, of economic collapse – of the presidential election – how will people make meaning of the women’s movement? Did women leaders make a difference? This discussion group will reflect on the consequences of the 2016 and 2020 presidential election, four years that include a resurgence of women’s representation in congress and in the streets. But alongside the power of women, reproductive rights, gender equity, and female leadership remain elusive. Do psychoanalysts have anything meaningful to contribute to this challenging puzzle? The group will use this forum to look at what has changed, what has not, and what psychoanalysis might meaningfully contribute to the dialogue.

After attending this session, participants should be able to: 1) Apply contemporary psychoanalytic ideas about women and their experience of authority and leadership to our current socio-political context, including the leadership experience of key women leaders; 2) Explain the group and social dynamics that underlie, undermine and control women’s realization of authority and power.

DISCUSSION GROUP 24:
ON BEING SUPERVISED: HOW TO HELP SUPERVISEES NAVIGATE DYNAMICS IN THE DIGITAL AGE
Chair: Hilli Dagon-Clark, Psy. D. (New York, NY)
Host: Sarah L. Lusk, Ph.D. (Cambridge, MA)
Presenter: Daniel W. Prezant, Ph.D. (New York, NY)

The COVID-19 pandemic has created a wide-spanning necessity to transition from in-person clinical meetings to video and telephone sessions with very little preparation. Therefore, there has not been enough teaching to help trainees navigate the complicated dynamics involved in digital work. Through a presentation by a seasoned supervisor and a discussion that will follow, this session will train supervisors to help their supervisees identify patients’ conflicts, transference reactions, and resistances that occur in digital work. This session is intended for supervisors eager to help their supervisees become more aware of their patient’s dynamics in response to digital work.

After attending this session, participants should be able to: 1) Explain how patients’ conflicts, transference reactions, and resistances could become animated in digital work; 2) Assess supervisee’s work with patients to decipher the potential presence or deficit of analysis pertaining to conflicts, transference reactions and resistance as pertaining to digital work.

2:00 P.M. – 4:00 P.M. ET
SENIOR ANALYST PRESENTATION
(PART 1)
Co-chair: Ethan M. Grumbach, Ph.D. (Los Angeles, CA)
Co-chair & Host: Elizabeth Diamond, Ph.D. (Los Angeles, CA)
Presenter: Kathryn Zerbe, M.D. (Portland, OR)

Note: The senior analyst presentation is only open to those who have yet to complete analytic training. It is a two part session. Please register for both sessions. Part 2 takes place from 5:00 p.m. - 7:00 p.m.

Candidates comment that they are asked to publicly present clinical material in conferences, classes and supervision. They express a desire to hear analytic work presented by an experienced analyst illuminating how the analyst manages his/her own countertransference, transference and other matters in a week of analysis. The attendee will leave with a deeper knowledge of how the analyst uses their analytic instrument to maintain a healthy and productive analysis. The attendee will be able to communicate their concerns, successes and questions to supervisors. This discussion group is designed to increase candidates’ competence to grasp the depth and challenge of analysis by hearing how the senior analyst works with the raw material presented. The new perspectives offered to the attendees will help them develop their own clinical mind.

After attending this session, participants should be able to: 1) Summarize the key conscious and unconscious communications between an analyst and analysand that deepen the clinical work; 2)
**DAILY SCHEDULE**

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| 2:00 P.M. – 4:00 P.M. ET | **RESEARCH SYMPOSIUM:** PERSONALITY DIAGNOSIS IN PSYCHOANALYSIS AND PSYCHOTHERAPY: A ROADMAP FOR TREATMENT  
Chair: Glen Gabbard, M.D. (Houston, TX)  
Host: Charles P. Fisher, M.D. (Berkeley, CA)  
Presenter: Jonathan Shedler, Ph.D. (San Francisco, CA)  
Knowledge of personality styles, or “neurotic styles,” has accrued over generations of psychoanalytic observation and thought. An understanding of core personality dynamics brings focus to treatment, avoids stalemates, and deepens analytic work. Dr. Shedler will discuss the personality styles most often seen in clinical practice (e.g., narcissistic, borderline, depressive, obsessive-compulsive, hysterical), drawing on and integrating accrued psychoanalytic wisdom with cutting edge scientific research. Dr. Shedler will discuss how each personality style has its own psychological vulnerabilities and is a distinct pathway to the “same” manifest symptoms of depression or anxiety, and he will offer clinical strategies for deepening treatment for each personality style. Attendees will also be introduced to the SWAP assessment instrument, a clinician-completed personality test for psychoanalytic diagnosis and case formulation. After attending this session, participants should be able to: 1) Assess how familiar personality styles represent distinct pathways to depressive disorders; 2) Describe how narcissistic, paranoid, and borderline personality styles inherently create psychological vulnerability to depression. |
|               | **DISCUSSION GROUP 25:** PROTECTING CONFIDENTIALITY IN VIDEO ANALYSIS  
Chair: Kevin V. Kelly, M.D. (New York, NY)  
Host: Peter L. Rudnitsky, Ph.D., LCSW (Gainesville, FL)  
Presenters: John Churcher* (Manchester, England)  
Roy Huggins* (Portland, OR)  
**Note:** This program is intended to satisfy the requirements of those states that require CME credits in the area of risk management or medical ethics for medical license renewal, but the final judgment for such qualification is made by each state’s medical board. When the COVID-19 crisis began, many analysts shifted abruptly to practicing by video, but few had either the time or the technological expertise to evaluate the risks this method might present to maintaining confidentiality. John Churcher is Chair of the Confidentiality Committee for the International Psychoanalytical Association, and Roy Huggins is a consultant to healthcare organizations who specializes in telemedicine. They will present information about how to protect confidential material while practicing remote analysis, and entertain questions from the audience. The group will also address the ethical question of how much responsibility the analyst should assume for the technological aspects of video practice. After attending this session, participants should be able to: 1) Assess the risks to confidentiality posed by video analysis; 2) Explain the confidentiality risks of video analysis to a patient in a way that allows the dyad to reach a comfortable decision about proceeding with video analysis. |
|               | **DISCUSSION GROUP 26:** PERSPECTIVES ON FATHERING  
Co-chair: Seth Aronson, Psy.D. (New York, NY)  
Co-chair & Host: Phillip Blumberg, Ph.D. (New York, NY)  
**Note:** This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state’s board. Fatherhood is often seen as a stepchild, as it were, in the analytic literature. With changing views about the roles of race, culture, gender and sexuality, and ethnicity, how can we understand the contemporary role of the father in development? Anne Alvarez, a distinguished child analyst will bring her perspective to bear on this question. Her discussants will take up related questions such as the father’s importance for bodily awareness and self-regulation. Discussion with the audience will follow. After attending this session, participants should be able to: 1) Discuss how the father is integral |
to development for bodily awareness and self-regulation; 2) Describe how the move away from binary thinking has changed the role of the paternal in child development.

**DISCUSSION GROUP 27: PSYCHOANALYTIC PERSPECTIVES ON THE DISSOCIATIVE DISORDERS**

**Chair:** Richard P. Kluft, M.D., Ph.D. (Bala Cynwyd, PA)

**Co-chair:** Ira Brenner, M.D. (Bala Cynwyd, PA)

**Host:** Richard A. Chefetz, M.D.* (Washington, DC)

This discussion group is designed to assist psychoanalysts working with or interested in working with patients suffering complex Dissociative Disorders such as Dissociative Identity Disorder. It prioritizes acquiring skills relevant to 1) the identification and treatment of dissociative structures such as alternate identities, not merely dissociative processes; and to 2) addressing autohypnotic aspects of dissociative psychopathology. Intense discussion of illustrative vignettes will offer indirect clinical practice toward these goals. Current psychoanalytic thinking has enhanced the understanding of dissociative processes, but the understanding of working with dissociative structures and absorption phenomena has been relatively disregarded. The acquisition of the newer skills referred to above will facilitate the resolution of dissociative structures. The faculty have decades of experience in the treatment of dissociative disorders.

After attending this session, participants should be able to: 1) Prepare confrontations and interpretations that address two or more identities/dissociative structures simultaneously; 2) Apply techniques and approaches usually associated with hypnosis in the context of and without compromising the psychoanalytic paradigm.

**DISCUSSION GROUP 28: UNDERSTANDING PRIMITIVE MENTAL STATES AND THE NATURE OF THE OBJECT RELATIONSHIP**

**Chair & Discussant:** Lynne M. Zeavin, Psy.D. (New York, NY)

**Host:** Amber Nemeth, Ph.D. (New York, NY)

**Presenters & Discussants:** Lindsay L. Clarkson, M.D. (Dorset, VT)
Kay Long, Ph.D.* (New Haven, CT)
Shelley Rockwell, Ph.D. (Washington, DC)

Through discussion of clinical material, this session will explore the interface between the internal and external worlds. The group will elaborate the Kleinian view of transference and show that close attention to transference and countertransference manifestations in the session allow psychoanalysts to track various aspects of the patient’s communication of their internal world. The group will address the phantasies propelling projection and introjection and the subtle tugs and pulls exerted on the analyst to join or resist the patient’s point of view and demands. There will be a discussion on how to better discern the patient’s state of mind to better focus interventions.

After attending this session, participants should be able to: 1) Define the Kleinian concept of transference as it unfolds in a clinical session; 2) Explain the role of projective identification in linking the inner and outer worlds of the patient.

**DISCUSSION GROUP 29: PSYCHODYNAMIC PROBLEMS IN ORGANIZATIONS & WORKSHOP OF COMMITTEE ON ORGANIZATIONAL CONSULTATION**

**Co-chairs:** Steven Rolfe, M.D. (Bryn Mawr, PA)
Kenneth M. Settel, M.D. (Brookline, MA)
Kerry J. Sulkowicz, M.D., President-elect (New York, NY)

**Presenter:** Kathleen White, Ph.D.* (New York, NY)

Analysts working in the consulting room hear about patient’s conflicts in their work and organizational life. Addressing the psychodynamic conflicts and identifications motivating behavior in groups and organizations is often beyond the scope of our knowledge. A noted leader in psychodynamic consultation to groups, organizations, and their leaders, offers an anecdote from her psychoanalytic practice. The discussion will illustrate the particular dynamic faced by a woman analyst, working with a woman leader, both in a psychoanalytic framework...
as well as in a consulting framework. The analyst became aware of her own conflicts around womanhood and leadership and professional roles. This journey for the analyst enabled a deeper knowledge of self, leading ultimately to deeper and successful psychoanalytic work for the client.

After attending this session, participants should be able to: 1) Use countertransference stemming from the dilemmas of role boundaries that emerge in work with business leaders; 2) Analyze unconscious processes and role challenges that shift the analytic stance both in a psychoanalytic framework and a consulting framework. **CEC 2**

### DISCUSSION GROUP 30:
THE INSIDE FOCUS: LISTENING FOR AFFECT AND DEFENSE INSIDE THE CLINICAL HOUR

Chair & Host: Diana S. Rosenstein, Ph.D. (Jenkintown, PA)
Presenter: Rachel G. Gross, M.D. (Philadelphia, PA)

This discussion group is intended for those experienced with close process work who wants to increase their technical skill, as well as novices who would like an introduction to the technical approach. In this discussion group, the focus will be on the patient’s mind in conflict in the here-and-now of the analytic hour. Identifying moments in a session when a patient experiences conflict over what he or she is revealing to the analyst and responds with unconscious defense will be discussed as well as how the how and when (and why) the analyst calls attention to such moments. Detailed process notes from an ongoing analysis conducted by an analyst experienced with defense analysis will be presented. The presenter is an experienced psychoanalyst who practices from the point of view of close process analysis.

After attending this session, participants should be able to: 1) Summarize the principles of close process attention methodology; 2) Describe when a patient experiences conflict over what he or she is revealing to the analyst and responds with unconscious defense and the how, when and why the analyst calls attention to such moments. **CEC 2**

### DISCUSSION GROUP 31:
PHARMACOTHERAPY AND PSYCHOANALYSIS

Co-chair: Frederic N. Busch, M.D. (New York, NY)
Co-chair & Host: David Gutman, M.D. (New York, NY)
Presenter: Aaron Reliford, M.D.* (New York, NY)

This discussion group will explore common challenges when medication is part of an analysis. These include: What factors contribute to the decision to prescribe or withhold medication? What countertransference challenges exist in combining treatment for medical and non-medical analyses? How does the introduction of medication affect the psychoanalytic process? In what situations **continued**
may the use – or non-use – of medication threaten an analysis? What are some of the challenges in monitoring medication once it is introduced? To what degree are cultural pressures at play and how are they managed within the analysis? When should the analyst consider splitting the treatment with a psychopharmacologist?

After attending this session, participants should be able to: 1) Explain the factors that contribute to the decision to prescribe or withhold medication; 2) Describe how the introduction of medication affects the psychoanalytic process and the countertransference challenges of combining treatment for medical and non-medical analyses.

**Discussion Group 32: Effects of the Holocaust and Genocide on Survivors and Family Members**

Chair: Ira Brenner, M.D. (Bala Cynwyd, PA)
Co-chair: Nanette C. Auerhahn, Ph.D. (Beachwood, OH)
Host: Valentino Zullo, M.A., MSSA* (Cleveland, OH)
Presenter: Francoise Davoine, Ph.D.* (Paris, France)

Note: This program is intended to satisfy the requirements of those states that require CE/CME credits in the area of cultural competency for license renewal, but the final judgment for such qualification is made by each state’s board.

This group is designed to address the impact of the Holocaust and genocidal persecution on survivors and their family members. The clinical importance of intergenerational transmission of such trauma, seen in successive generations of survivor families, has formed the cornerstone of this group since its inception. A parallel process on the perpetrator side, with significant differences, may also be addressed. Through a review of theoretical aspects of transmission, the presentation of clinical case material, and active group discussion, participants can acquire increased competence in this area.

After attending this session, participants should be able to: 1) Assess those patients for whom Holocaust/genocidal persecution issues may exist; 2) Analyze the painful, affect laden material of intergenerational transmission of trauma and its impact on the psyche.

**Discussion Group 33: Analytic Listening**

Chair: Ralph Beaumont, M.D. (Portland, OR)
Host: Jeanne Johnson, M.D. (Lake Oswego, OR)
Presenter: Mary-Stone Bowers, M.F.T. (Campbell, CA)

The focus of this session will be on the centrality of the data gathering process, and a consideration of the distinctions between hypotheses, which may derive from espoused psychoanalytic theories, and the evidence for them in listening to the patient. Looking closely at process notes of a single session, effort will be made to sharpen the view on nuances of communications, verbal and non-verbal (e.g. shifts in affect or state, torn off voice, pauses, posture, etc.), as these may provide significant information and awareness of experience as yet unconscious. Attention will be highlighted on cues that may have been overlooked, as the group reflect on assumptions and inferences, of whatever origin, to see how these may or may not contribute to opening yet untried paths.

After attending this session, participants should be able to: 1) Describe the distinctions between hypotheses, which may derive from espoused psychoanalytic theories, and the evidence for them in listening to the patient; 2) Assess overlooked verbal and nonverbal cues when considering further implications in the nature of therapeutic action.

**Discussion Group 34: Conflicting Subjectivities and Self-Interests Between Analyst and Patient**

Co-chair, Co-discussant
& Host: Margaret Crastnopol, Ph.D. (Seattle, WA)
Co-chair
& Presenter: Irwin Hirsch, Ph.D.* (New York, NY)
Co-discussant: Joye Weisel-Barth, Ph.D., Psy.D.* (Encino, CA)

What constitutes acting in “bad faith” on the analyst’s part? When might the analyst be putting forth one set of feelings or attitudes, while at the same time feeling or holding another, contradictory set, with or without conscious awareness of this discrepancy? The group will explore and contextualize this as a potential outgrowth of the analyst’s multiplicity of self, wherein he or she doesn’t own or take responsibility for a disavowed aspect of his or her psychic experience. The two discussants, who’ve written about the dark, unseen sides of the analyst’s psyche, examine how such “bad faith” functioning...
can undermine the analytic bond and impair the treatment’s outcome.
After attending this session, participants should be able to: 1) Explain the nature of “bad faith” functioning on the analyst’s part; 2) List indicators of when the analyst might be engaged in “bad faith” engagement with a patient and use strategies to correct this deleterious therapeutic approach.

**DISCUSSION GROUP 35: NO BODIES IN THE ROOM**
Chair: Susan Vaughan, M.D. (New York, NY)
Host: Mark J. Blechner, Ph.D. (New York, NY)
Presenter: Lyn Yonack, M.S.W. (Great Barrington, MA)
Discussant: Danielle Knafo, Ph.D.* (Great Neck, NY)

In online psychoanalytic treatment, the parameters of expression of erotic transference have changed, since neither the clinician nor patient is in the same physical space, although they are in the same virtual space. The group will explore changed ways that erotic transference can be experienced and expressed in online treatment. The clinician needs to cultivate an increased competence to the expression of these phenomena and astute ways of clarifying them and making them productive. Lyn Yonack, Editor of The American Psychoanalyst, will present clinical material from online treatment that raises these issues. Danielle Knafo, author of The New Sexual Landscape and Contemporary Psychoanalysis, will discuss these phenomena through the lens of modern approaches to sexuality. Susan Vaughan, Director of the Columbia Psychoanalytic Center, will moderate the discussion.

After attending this session, participants should be able to: 1) Discuss ways that erotic transference is manifested differently in online psychoanalytic treatment; 2) Compare approaches to identifying and working with erotic transference in online treatment. **CEC 2**